Name: _____

	S	M	T	W	Th	F	Sa	S	M	T	W	Th	F	Sa
Arise & Shine!														
Wake up at 7														
Take a shower														
Say Prayers														
Read Scriptures														
Make Bed														
Tidy Room														
Get Dressed														
Brush Hair														
Hug Parents														
Duties														
Stewardship														
Devotional														
Kitchen: B														
Kitchen: L														
Kitchen: D														
Tidy House														
Love of Learning														
Healthy Habits														
Take Minerals														
Brush Teeth														
Exercise														
Drink Water														
Superfoods Smoothie														
1 bowel movement														
2 bowel movement														
Take Minerals														
Brush Teeth														
Journal														
Essential oils														
Foot Zone														
Wind Down														
Take a Shower														
Get on Pajamas														
Brush Hair														
Tidy Bedroom														
Prep for Tomorrow														
Brush Teeth														
Floss Teeth														
Read Scriptures														
Hug Parents														
Personal Prayers														